Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **CURBSIDE BREAKFAST**

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	Portion	Cals	Sodm	Sugars	Protn	Carb	T-Fat
	Size	(kcal)	(mg)	(g)	(g)	(g)	(g)
Mon - 03/01/2021							
CURBSIDE BREAKFAST	Total						
CS FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
CS TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		484	644	37	20.25	68.35	14.99
% of Calories			_	30.6%	16.7%	56.4%	27.9%
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				0010,0			
Nutrient Guideline		450-500	540				
Tue - 03/02/2021							
CURBSIDE BREAKFAST	Total						
CS CINNAMON ROLL	1 EACH	230	340	10	6.0	39.0	7.0
CS FRUIT CKTL, CND, XTRA LT SYRP	1/2 CUP	60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 07 11 (1 0 1)	420	505	37	17.00	70.00	9.50
% of Calories		720	505	35.2%	16.2%	66.7%	20.4%
70 Of Calones				33.2 /0	10.2 /6	00.7 70	20.470
Nutrient Guideline		450-500	540				
					'	'	
Wed - 03/03/2021							
CURBSIDE BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 07 11 11 01 1	460	625	37	21.00	68.00	12.00
% of Calories		400	023	32.2%	18.3%	59.1%	23.5%
76 Of Calones				JZ.Z /0	10.5 /6	39.170	23.370
Nutrient Guideline		450-500	540				
Thu - 03/04/2021							
CURBSIDE BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
CS APPLESAUCE, CND, usda	1/2 CUP	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		392	516	32	19.60	58.90	9.05
% of Calories		002	010	32.9%	20.0%	60.1%	20.8%
70 of Calonics				32.370	20.070	00.170	20.070
Nutrient Guideline		450-500	540				
Fri - 03/05/2021							
CURBSIDE BREAKFAST	Total					7	
CS SCONE, BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
CS FRUIT ,CAN VARIETY	1/2 CUP	58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		440	354	42	14.70	60.95	10.70
% of Calories		110	JJ-1	38.4%	13.4%	55.4%	21.9%
							,3
Nutrient Guideline		450-500	540				

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet Portion Values - Detailed **CURBSIDE BREAKFAST**

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	Portion	Cals	Sodm	Sugars	Protn	Carb	T-Fat
	Size	(kcal)	(mg)	(g)	(g)	(g)	(g)
Sat - 03/06/2021							
CURBSIDE BREAKFAST	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
		_			_	14.95	
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85		*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		396	419	*42	*16.51	77.29	*4.60
% of Calories				*42.8%	*16.7%	78.1%	*10.5%
Nutrient Guideline		450-500	540				
Sun - 03/07/2021							
CURBSIDE BREAKFAST	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
RAISINS, USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	TOAKTON	476	285	60	15.85	84.25	8.50
% of Calories		476	200		13.3%	70.8%	16.1%
% of Calones				50.0%	13.3%	70.0%	10.176
Nutrient Guideline		450-500	540				
Nutrient Guideline		430-300	340				
Mon - 03/08/2021							
CURBSIDE BREAKFAST	Total						
CS PANCAKES, CNFETTI (KELLOGGS)	PACKAGE	220	300	11	4.0	36.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		387	431	*35	*15.45	63.35	*9.06
% of Calories				*36.1%	*16.0%	65.4%	*21.1%
Nutrient Guideline		450-500	540				
Tue - 03/09/2021							
CURBSIDE BREAKFAST	Total						
		400	400	_	400	22.0	0.0
CS EGG &CHEESE MUFFIN ,WG	1 EACH	190	480	2	12.0	23.0	6.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
RAISINS, USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		446	627	47	22.60	72.60	7.80
% of Calories				42.2%	20.3%	65.1%	15.7%
N. C. CO. C. F.		450 500	5.40				
Nutrient Guideline		450-500	540				
Wed - 03/10/2021							
CURBSIDE BREAKFAST	Total						
CS FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
CS TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 0/11/1014	484	644	36	20.25	69.35	14.99
% of Calories		70-1	0-1-4	29.8%	16.7%	57.3%	27.9%
70 OI CAIOTICS				20.070	10.7 70	51.570	21.3/0
Nutrient Guideline		450-500	540				
Tradion Galdonio	ı	100 000	0-70	I .			

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Base Menu Spreadsheet Portion Values - Detailed

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CURBSIDE BREAKFAST

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BAGEL, PLAIN (BURRY) 1 EA CS PEACHES,CND,EXTRA LT SYRUP 1/2 C	KET ACH	70 180 60 130 440	115 200 5 160 480	1 3 13 15	1.0 7.0 0.0 11.0	1.0 35.0 14.0	7.0 1.0
CURBSIDE BREAKFAST CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES,CND,EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories	CKET ACH CUP	180 60 130	200 5 160	3 13 15	7.0 0.0	35.0	
CREAM CHEESE PACKET (KRAFT) BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories	CKET ACH CUP	180 60 130	200 5 160	3 13 15	7.0 0.0	35.0	
BAGEL, PLAIN (BURRY) CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories	ACH CUP	180 60 130	200 5 160	3 13 15	7.0 0.0	35.0	
CS PEACHES, CND, EXTRA LT SYRUP MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories	CUP	60 130	5 160	13 15	0.0	I	1.0
MILK, PLAIN 1% (PRODUCERS) Weighted Daily Average % of Calories		130	160	15		14 0	
Weighted Daily Average % of Calories	ARTON				11.0		0.0
Weighted Daily Average % of Calories					11.0	16.0	2.5
% of Calories		110		32	19.00	66.00	10.50
				29.1%	17.3%	60.0%	21.5%
Nutrient Guideline				20.170	17.570	00.070	21.570
		450-500	540				
Fri - 03/12/2021							
CURBSIDE BREAKFAST Total	ıl						
	KAGE	200	220	10	4.0	35.0	5.0
CS BEEF SAUSAGE PATTY 1 EA		70	240	0	6.0	1.0	4.5
CS FRUIT ,CAN VARIETY 1/2 C	-	58	4	12	0.0	14.75	-
							0.0
	ARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		444	576	37	19.80	66.55	11.10
% of Calories				33.4%	17.8%	60.0%	22.5%
Nutrient Guideline		450-500	540				
	·	•					
Sat - 03/13/2021							
CURBSIDE BREAKFAST Total	nl .						
	 VL (2 OZ)	207	258	17	4.67	46.33	1.83
RAISINS ,USDA 1BO		120	5	27	1.0	29.0	0.0
		-	-		-	I	
	ARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		457	423	59	16.67	91.33	4.33
% of Calories				52.0%	14.6%	80.0%	8.5%
Nutrient Guideline		450-500	540				
Sun - 03/14/2021							
CURBSIDE BREAKFAST Total							
MUFFIN VARIETY (DAVE'S BAKING) 1 EA		226	120	18	3.85	39.25	6.0
FRUIT, FRESH VARIETY SVG	(1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS) 1 CA	ARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		415	281	*43	*15.70	70.20	*8.76
% of Calories				*41.0%	*15.1%	67.6%	*19.0%
Nutrient Guideline		450-500	540				
Nutrient Guideline		430-300	340				
Mon - 03/15/2021							
CURBSIDE BREAKFAST Total							
CS CINNAMON ROLL 1 EA		230	340	10	6.0	39.0	7.0
CS FRUIT CKTL,CND,XTRA LT SYRP 1/2 C		60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS) 1 CA	ARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		420	505	37	17.00	70.00	9.50
% of Calories				35.2%	16.2%	66.7%	20.4%
Nutrient Guideline		450-500	540				

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Base Menu Spreadsheet Portion Values - Detailed **CURBSIDE BREAKFAST**

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
T 00/40/0004							
Tue - 03/16/2021							
CURBSIDE BREAKFAST	Total						
CS SCONE,BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
CS APPLESAUCE, CND, usda	1/2 CUP	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		433	352	41	14.70	60.20	10.70
% of Calories			002	38.1%	13.6%	55.6%	22.2%
70 of Galorics				30.170	13.070	33.070	22.270
Nutrient Guideline		450-500	540				
Nutrient Guideline		450-500	340				
Wed - 03/17/2021							
CURBSIDE BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
CS PEACHES, CND, EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
	TCARTON	402	523	35	19.20	60.80	8.60
Weighted Daily Average		402	523				
% of Calories				35.2%	19.1%	60.5%	19.3%
Nutrient Guideline		450-500	540				
Numeric Guidenine	I	+30 300	040				
Thu - 03/18/2021							
CURBSIDE BREAKFAST	Total						
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
CS PEARS, CND, EXTRA LIGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 0/111011	460	625	37	21.00	68.00	12.00
% of Calories		100	020	32.2%	18.3%	59.1%	23.5%
70 of Galories				JZ.Z /0	10.570	33.170	20.070
Nutrient Guideline		450-500	540				
Fri - 03/19/2021							
CURBSIDE BREAKFAST	Total						
	1 EACH	190	480	2	12.0	22.0	6.0
CS EGG &CHEESE MUFFIN ,WG	_				-	23.0	6.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
CS FRUIT ,CAN VARIETY	1/2 CUP	58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		384	626	32	21.60	58.35	7.80
% of Calories				33.4%	22.5%	60.8%	18.3%
Nutrient Guideline		450-500	540				
Nutrient Guidenne		430-300	340				
Sat - 03/20/2021							
CURBSIDE BREAKFAST	Total						
CS PANCAKES, CNFETTI (KELLOGGS)	PACKAGE	220	300	11	4.0	36.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		409	461	*36	*15.85	66.95	*9.76
% of Calories		400		*35.2%	*15.5%	65.4%	*21.5%
70 OI GAIOTICS				JJ.Z /0	10.070	00.70	21.0/0
Nutrient Guideline		450-500	540				
	-						

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Mar 1, 2021 thru Apr 2, 2021

Base Menu Spreadsheet Portion Values - Detailed **CURBSIDE BREAKFAST**

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Sun - 03/21/2021							
CURBSIDE BREAKFAST	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		476	285	60	15.85	84.25	8.50
% of Calories				50.0%	13.3%	70.8%	16.1%
Nutrient Guideline		450-500	540				
Mon - 03/22/2021 CURBSIDE BREAKFAST	Total						
		000	000		0.00	00.05	40.00
CS FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
CS TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
CS PEACHES, CND, EXTRA LT SYRUP	1/2 CUP	60	5	13	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average % of Calories		484	644	37 30.6%	20.25 16.7%	68.35 56.4%	14.99 27.9%
Nutrient Guideline		450-500	540				
Tanion Galasini		.00 000	0.0		1	'	
Tue - 03/23/2021							
CURBSIDE BREAKFAST	Total						
CS CINNAMON ROLL	1 EACH	230	340	10	6.0	39.0	7.0
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	60	5	12	0.0	15.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average	1 07 11 11 11	420	505	37	17.00	70.00	9.50
% of Calories		0		35.2%	16.2%	66.7%	20.4%
Nutrient Guideline		450-500	540				
Wed - 03/24/2021							
CURBSIDE BREAKFAST	Total						_
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	200	220	10	4.0	35.0	5.0
CS BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	60	5	12	0.0	16.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		460	625	37	21.00	68.00	12.00
% of Calories				32.2%	18.3%	59.1%	23.5%
Nutrient Guideline		450-500	540				
Thu - 03/25/2021							
CURBSIDE BREAKFAST	Total						
CS SCONE,BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
CS APPLESAUCE, CND, usda	1/2 CUP	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		433	352	41	14.70	60.20	10.70
% of Calories				38.1%	13.6%	55.6%	22.2%
Nutrient Guideline		450-500	540				

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Base Menu Spreadsheet Portion Values - Detailed Page 6 **CURBSIDE BREAKFAST**

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 03/26/2021							
CURBSIDE BREAKFAST	Total						
CS BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
CS FRUIT ,CAN VARIETY	1/2 CUP	58	4	12	0.0	14.75	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		399	518	33	19.60	59.65	9.05
% of Calories				33.3%	19.7%	59.8%	20.4%
Nutrient Guideline		450-500	540				
Sat - 03/27/2021							
CURBSIDE BREAKFAST	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		396	419	*42	*16.51	77.29	*4.60
% of Calories				*42.8%	*16.7%	78.1%	*10.5%
Nutrient Guideline		450-500	540				
Sun - 03/28/2021							
CURBSIDE BREAKFAST	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		476	285	60	15.85	84.25	8.50
% of Calories				50.0%	13.3%	70.8%	16.1%
Nutrient Guideline		450-500	540				
Weighted Average		435	483	*41	*18.02	69.41	*9.72
				*84.3%	*16.5%	63.8%	*20.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	435		450 - 500	97%		15		Correction Required -
Sodium 1 (mg)	483		540					Calories are Low
Sodium 2 (mg)	483		485					
Sugars (g)	41	37.46%			Missing			
Protein (g)	18.02	16.55%			Missing			
Carbohydrate (g)	69.41	63.75%						
Total Fat (g)	9.72	20.08%			Missing			

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.